Course Number and Title: NUR 210 Families within the Community

Instructors:  Dr. Seal-Whitlock, RN, PhD, MSN, Course Coordinator
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Course Description
Roles of the nurse within the healthcare delivery system are expanded with emphasis on the role of provider of care, manager of care and member of the profession in relation to meeting the health care needs of individuals, families, groups and communities. Building on prior nursing courses, theoretical knowledge from the humanities, physical, biological and behavioral sciences and nursing research are incorporated. Critical thinking, caring, communication and management skills and professional behaviors are further developed. This course provides a variety of clinical settings that support implementation of the nursing process.

Course Objectives/Student Learning Outcomes
Upon completion of the course, the student will be able to:
1. Compare concepts and knowledge of the humanities, physical, biological, and behavioral sciences, nursing theory, and nursing research within the nursing process when meeting the health care needs of individuals, families, groups, and/or communities.
2. Establish critical thinking skills when implementing the nursing process to care for individuals, families, groups, and/or communities.
3. Implement a variety of appropriate communication strategies when providing nursing care to individuals, families, groups, and/or communities.
4. Implement principles of caring behaviors when providing nursing care to meet the needs of individuals, families, groups, and/or communities.
5. Examine principles of management when providing care to individuals, families, groups, and/or communities in a variety of settings.
6. Compare professional, legal and ethical standards into care of individuals, families, groups, and/or communities.
Total credits: 9 credits
5 class hrs/week (5 credits)
12 clinical hrs/week (4 credits)

Students are expected to do a minimum of two hours of work outside of class for every hour in class. Some assignments may require more time.

Course Placement: Level II, Fall semester – 15 weeks

Prerequisites: NUR 120

Topical Course Outline for NUR210

Provider of Care

Theoretical Knowledge and Critical Thinking
Introduction of family as a client
Utilization of family interventions
Introduction of Community as a client
Health promotion and disease prevention
Theoretical perspectives of mental health nursing
Nursing Management of psychiatric disorders
Nursing Management of client with infertility
Nursing Management of high risk obstetrical clients
Nursing Management of the high risk newborn
Nursing Management of children with alterations of health status
Nursing Management of clients with alterations of the immune system
Professional Nursing
Nursing Management of clients with alterations in Integumentary Function
Nursing Management of clients with alterations in Endocrine functions

Communication
Special communication patterns
Utilize communication in collaborative nursing
Documentation in continuity of care
Education in health promotion and disease prevention
Adaptation of teaching learning principles in a variety of settings

Caring
Competent caring and mental health interventions
Sociocultural stressors and cultural sensitivity
Maturational needs of childbearing and childrearing families
Anticipatory grieving
Unanticipated disruption of family process
Empowering decision-making
Implement positive coping mechanisms
Improving self esteem
Manager of Care

Management
Nurse’s role in collaboration with multiple disciplines
Mobilizing community resources
Prioritization of care
Impact of technology
Healthy People 2010
Planning and Management

Member within the Discipline of Nursing

Professional Behaviors
Preservation safety
Legal and ethical considerations
Advocacy to create change in health care delivery
Role of advanced practice nursing
Professional resources
Professional behaviors
PEW Health Profession Commission

Course Outline
Unit 1: Nursing Management of the Family and Community

Unit 2: Psychiatric Nursing Overview, Ethical & Legal Issues, Psychopharmacology

Unit 3: Nursing Management of Infants & Children with Alterations in Psychiatric Function

Unit 4: Nursing Management of Adolescents with Alterations in Psychiatric Function

Unit 5: Nursing Management of Young & Middle-aged Adults with Alterations in Psychiatric Function

Unit 6: Nursing Management of Older Adults with Alterations in Psychiatric Function

Unit 7: Nursing Management of the High Risk Childbearing Client

Unit 8: Nursing Management of the High Risk Neonate

Unit 9: Nursing Management of the Pediatric Client with Alterations in Health

Unit 10: Nursing Management of Clients with Alterations in Immunological Function

Unit 11: Nursing Management of Clients with Alterations in Neurological Function

Unit 12: Nursing Management of Clients with Alterations in Integumentary Function
Unit 13: Nursing Management of Clients with Alterations in Endocrine Function

Method of Instruction
Lecture, discussion, question and answer, critical thinking exercises, case studies, small group work, required textbook readings, required and optional books and periodicals, audiovisuals, NCLEX review requirements, on-line activities from textbook sites, internet research, guest speakers, pre- and post-conferences, and clinical experiences.

Required Textbooks and Applications


Nursing Central Application


Method of Evaluation
Combined unit tests, final exam, quizzes, Medication Administration Competency, class assignments, clinical, clinical evaluation tool, Community Assessment Project, nursing care plans, teaching plans, case study, clinical simulation projects, student self evaluation, clinical assignments.

1. Grade Calculation (Point System). The combined point value of all components is 1000 points, thus the student can earn a maximum of 1000 points. All components are course requirements and must be submitted and completed in order to pass the course.

   a. The components for NUR 210 and their point distribution are as follows:

<table>
<thead>
<tr>
<th>Component</th>
<th>Points</th>
</tr>
</thead>
<tbody>
<tr>
<td>Unit Exams</td>
<td>700</td>
</tr>
<tr>
<td>Final Exam</td>
<td>280</td>
</tr>
<tr>
<td>Quizzes</td>
<td>12</td>
</tr>
<tr>
<td>Windshield Survey</td>
<td>8</td>
</tr>
<tr>
<td></td>
<td>1,000</td>
</tr>
</tbody>
</table>

   b. NUR210 has four unit exams. Each exam is of equal value and is based on the numbers of theory hours it encompasses. The point value for each exam is as follows:

<table>
<thead>
<tr>
<th>Exam</th>
<th>Hours</th>
<th>Points</th>
</tr>
</thead>
<tbody>
<tr>
<td>Exam I (Units 1, 2 &amp; 3)</td>
<td>15</td>
<td>175</td>
</tr>
<tr>
<td>Exam II (Units 4, 5 &amp; 6)</td>
<td>15</td>
<td>175</td>
</tr>
<tr>
<td>Exam III (Units 7, 8, &amp; 9)</td>
<td>15</td>
<td>175</td>
</tr>
<tr>
<td>Exam IV (Units 10, 11 &amp; 12)</td>
<td>15</td>
<td>175</td>
</tr>
</tbody>
</table>

   c. Multiple choice and alternative type questions are included on the exams. Questions are written at the application and analysis level.

   d. One theory hour is allotted for each unit exam. Two theory hours are allotted for the final exam. All nursing students must complete unit/final exams within those specified time frames. Special exam accommodations will be provided for those with an accommodation plan in place through the Chesapeake College Coordinator for Students with Disabilities.

   e. Grades for exams will be posted no later than the next class day. After exam return, all exams and answer sheets will be collected. No copying of exam questions is permitted. Class time will not be used for individual exam review. Students must make an appointment with their advisor/instructor within one week of the exam return for individual exam review. A student may submit a
scholarly discussion of exam questions, in writing, within one week of the exam return.

f. Refer to the Nursing Student Handbook for policy on makeup exams.

g. Final Exam

a. The final exam includes Unit Thirteen (13) and a comprehensive evaluation of all course content.
b. Multiple-choice and alternative type questions are used.
c. The final exam has a value of 280 points.

h. Quizzes

a. Students may earn a total of 12 points in this category. Quizzes will be random and based on required reading and past lecture content. Quizzes are not administered on an exam day.

b. Each quiz is valued at 2 points. Students will be awarded the percentage earned on the quiz.

i. Windshield Survey – students may earn a total of 8 points on the Windshield Survey Project. Refer to the Windshield Survey Project for grading requirements.

j. NUR 210 students will be required to complete the competencies below to demonstrate continued proficiency from previous courses.

2. Competencies

a. MEDICATION ADMINISTRATION Competency (MAC) - Calculation of medication dosages and an understanding of pharmokinetcs is an important fundamental part of nursing. Math and pharmokinetcs are incorporated in class, clinical simulations and clinical. It is the student’s responsibility to keep current with math skills. A Medication Administration Competency (MAC) will be given each semester of the Chesapeake College MGW Nursing Program. The schedule for the NUR210 administration is listed below. The student must PASS the MAC with 100%. Three attempts will be permitted for each student per semester. Students in NUR210 will be allowed to attend clinical, however the student WILL NOT administer medications until the MAC has been successfully completed with a score of 100%. Students will receive an Unsatisfactory, “U” on the Clinical Tool for Theoretical Knowledge for each day of clinical that medication administration is not allowed. A student unsuccessful in scoring 100% on the MAC after the third attempt will meet with the Course Chairperson to discuss the student’s ability to meet the required course objectives; faculty will recommend probation/dismissal/withdrawal from the program.
First administration of MAC Wednesday, August 28, 2013 @0900
2nd administration Monday September 9, 2013, @ 1400, as needed
3rd administration Monday, September 16, 2013, @ 1400, as needed

b. **PSYCHOSOCIAL Competency** – Students will be required to complete questions related to Psychosocial Nursing. These questions will be due to Ms. Ryan on Monday, August 26, 2013. Any student who scores below 75% will be required to make an appointment with Ms. Ryan.

c. **Review for NCLEX** – The program *PrepU Master Competency* is required for NUR210. Subsequently, each student will be required to complete the following assignments. Students must achieve a Mastery Level of 2 or higher in order to successfully meet this requirement.

Directions:

a. Access the *PrepU Master Competency* program.

b. Click on Assignment

c. Select Content Area

d. **Mental Health:** Psych/Anxiety, Mood adjustments, Dementia, & Psychotic

   i. **Due:** Monday, September 16, 2013

e. **Maternity:** Antepartum, Intrapartum & Postpartum

   i. **Due:** Monday, November 4, 2013

f. **MedSurg:** Endocrine, Immunology, Integumentary, & Neurology

   i. **Due:** Monday, November 25, 2013

g. Students must achieve a Mastery Level of 2 or higher in order to successfully meet this requirement. This may require taking each assignment multiple times.

h. This requirement must be successfully completed by each due date, or students will be placed on Academic Probation immediately.

3. **Clinical**

   a. **Evaluation of clinical:**

   Satisfactory (S) - clinical behaviors are meeting clinical objectives.

   Needs Improvement (NI) - clinical behavior that needs to be improved.

   Unsatisfactory- unfavorable clinical behaviors, not meeting clinical objectives, showing no/little improvement in meeting clinical objectives or any unsafe behavior (see student handbook).

   b. **To pass clinical:**
1. All clinical objectives must be met **consistently and satisfactorily** to pass the course.

2. While in the Psychiatric Clinical Rotation, students will be required to attend a **minimum** of two client sessions per day, with or without assigned client.

3. Three (3) nursing care plans packages are required in NUR210, one for each rotation in the Acute Care Setting (MedSurg), Psychiatric Setting and OB Setting. Each care plan must be accepted as satisfactory in order to pass clinically. **If a satisfactory care plan has not been completed by the end of each clinical rotation, clinical objectives/requirements for the specific rotation have not been met and the student is not able to progress to the next clinical rotation. The student will receive unsatisfactory, “U”, for every clinical day missed and will be in jeopardy of failing the course.**

4. Weekly Clinical Evaluation Tools are to be typed and submitted electronically (via Canvass, Assignment tab, Weekly Clinical) to the instructor by 1000 the day following completion of clinical for the student each week (example Section 01 completes clinical on Wednesday – Clinical Tool is due to the instructor by 1000 Thursday). Clinical instructors will review and submit completed Clinical Tools to the student by 1800 the day prior to the first clinical day of the next week (for example, Section 02 students return to clinical on Thursday, the previous week’s Clinical Tool will be returned to the student by 1800 on Wednesday). The Summative Clinical Evaluation – Rotational and Final will also be completed using these guidelines.

c. **Policy in Clinical Area**

1. Clinical experiences are planned throughout the course for application of theory. These experiences will be in a variety of settings. General clinical days and hours have been designated on the clinical schedule. The description of the specific activities, times, and objectives will be provided by the instructors.

2. Medication Administration Policy: Students must present EACH of their assigned client’s medications to the instructor PRIOR to ADMINISTERING them to the client. The student must be prepared to discuss information about each of the medications. After discussing the medications with the Clinical Instructor, **FINAL PERMISSION TO ADMINISTER THE MEDICATION MUST BE CONFIRMED WITH THE CLINICAL INSTRUCTOR. Administering a medication to a client WITHOUT the INSTRUCTOR’S KNOWLEDGE and PERMISSION is considered unsafe behavior and may result in dismissal from the program** (see Nursing Student Handbook).

4. **Attendance Policy** – See Nursing Student Handbook

d. **Preparation for Clinical**

   Complete the assigned readings related to clinical activities. Preparation includes understanding concepts and prior practice of nursing skills associated with clinical experience. Be prepared to verbalize a plan of action using the nursing process. If student is not adequately prepared, she/he may be asked to leave the clinical site. This will be considered a missed clinical day. The instructor will inform the student of activities necessary to be completed prior to the next clinical day.

e. **Written Assignments**

   If written assignments are not submitted on time, the student will not be permitted in the clinical area on the next scheduled clinical day (see Nursing Student Handbook).

1. **Clinical Evaluation Tool**

   A. **Purpose**: The purpose of the Clinical Evaluation Tool is to develop self awareness of the roles of Provider of Care, Manager of Care and Member within the Discipline of Nursing using both student’s self and instructor’s evaluations to document demonstration of consistency in meeting clinical objectives on a weekly basis. Students are expected to document an example for each clinical objective.

   B. **Process**: Weekly Clinical Evaluation Tools are to be typed and submitted electronically (via Canvas, Assignment tab, Weekly Clinical Tool) to the appropriate instructor by 1000 the day following completion of clinical for the student (example Section 01 completes clinical on Wednesday – Clinical Evaluation Tool is due to the instructor by 1000 Thursday). Clinical instructors will review and submit completed Clinical Evaluation Tools to the student by 1800 the day prior to the first clinical day of the next week (for example, Section 02 students return to clinical on Thursday, the previous week’s Clinical Evaluation Tool will be returned to the student by 1800 on Wednesday).

   C. **Expectations**: Students are to respond to comments and questions written by the instructor. Corrected
Clinical Evaluation Tools are to be printed out, signed by the student, put in the clinical folder, and submitted to the clinical instructor **WEEKLY** for comment review, strategies for improving, and instructor’s signature. Instructors will return the clinical folder to each student by the end of the clinical week.

2. **Summative Clinical Rotational & Final Evaluation**
   Will be completed at the end of each rotation and will follow the guidelines for the Clinical Evaluation Tool.

3. **Care Plan Packages**
   Three typed nursing care plan packages are required in NUR210, one for each rotation in the Acute Care setting (MedSurg), OB setting and Psychiatric setting. Each care plan must be accepted as satisfactory in order to pass clinically. If a satisfactory care plan has not been completed by the end of each clinical rotation, clinical objectives/requirements for the specific rotation have not been met and the student is not able to progress to the next clinical rotation. The student will receive unsatisfactory, “U”, for every clinical day missed and will be in jeopardy of failing the course. The care plan will be submitted electronically (via Canvas, Assignment Tab) following the guidelines listed below.

   A. **Acute Care Plan Package**: The Acute Care Plan Package consists of a Care Plan, Medication Sheet and Disease Process Sheet. **All Nursing Care Plan Packages for the Acute Care Rotation must be submitted no later than the 2nd week of the rotation.** The Care Plan must include the three highest priority Nursing Diagnoses with at least one Nursing diagnosis out of the physiologic realm. The care plan must also include a thorough assessment of the client in the five dimensions, the prioritized nursing diagnosis with a minimum of five relevant nursing interventions for each diagnosis, with scientific rationales and evaluation of each intervention, goals, and expected outcomes. Outcomes should be short-term (within the shift). Medications must be integrated in the nursing interventions to include administration, nursing consideration and teaching. Review of pertinent diagnostic test and labs related to the nursing diagnosis must be included in nursing interventions. Please cite professional nursing references used in preparing the nursing care plan. Consult with the
clinical instructor regarding client selection for clarification and ability to meet the clinical objectives for the care plan. Please include the normal ranges for all lab values when listing the client’s results. **Medication Sheets** are required for **every** medication that your client receives from 0600 through the end of your shift whether or not you actually administer the meds. Medication sheets must be individualized to the client. Each sheet must include both the generic and trade name of drug, safe adult range, dose prescribed for this client, therapeutic actions classification (clinical and pharmacotherapeutic), most common side effects, nursing considerations (such as assessments, lab values, monitoring, teaching) and the specific reason this client is receiving the drug. **PRINT OUTS OF DRUG INFORMATION FROM DRUG GUIDES OR THE INTERNET ARE NOT ACCEPTABLE.**

**Disease Process Sheet** must include a definition of the current disease/problem, the etiology of the disease, pathophysiology of the disease and how it is affecting client’s health and nursing plan of care. List the client’s symptoms and diagnostic test related to the disease, potential complications of the disease and how this affects the plan of care. Please describe briefly the results of any diagnostic tests the client has had.

**B. OB Care Plan Package:** The OB Care Plan will be a Collaborative Care Plan. Students will be assigned a system (respiratory, neuro, etc.) based on the Simulation/Case Study/Standardized Patient. **All Nursing Care Plan Packages for the OB Rotation must be submitted by the end of the 1st week of the rotation.** Package consists of a Care Plan, Medication Sheet and Disease Process Sheet.

**Nursing Diagnosis** - Students will develop one (1) nursing diagnosis for the assigned system. Outcome – Students will develop one (1) short-term (within shift) outcome for the nursing diagnosis.

Intervention(s) Rationale – Students will develop two (2) interventions for the nursing diagnosis. Medications should be integrated in the nursing interventions to include administration, nursing consideration and teaching. Diagnostic test and labs must be included in nursing interventions. Rationales
must be scientific and cited correctly using professional nursing literature. Additional Mandatory Requirement – Develop one (1) nursing intervention and rationale (cited correctly using professional nursing literature) for each Nursing Diagnosis on the Collaborative Care Plan. Submittal of nursing diagnosis, outcome, intervention(s), and rationale will be under the Collaboration Function in Canvas. Evaluation will be submitted with the weekly tool after post-conference discussion of the Collaborative Care Plan. Medication Sheets are required for every medication that the client is receiving and must be individualized to the client. Each sheet must include both the generic and trade name of drug, safe adult range, dose prescribed for this client, therapeutic actions classification (clinical and pharmacotherapeutic), most common side effects, nursing considerations (such as assessments, lab values, monitoring, teaching) and the specific reason this client is receiving the drug. PRINT OUTS OF DRUG INFORMATION FROM DRUG GUIDES OR THE INTERNET ARE NOT ACCEPTABLE. Med sheets will be submitted with the weekly tool. Disease Process Sheet should include a definition of the current disease/problem, the etiology of the disease, pathophysiology of the disease and how it is affecting client’s health and nursing plan of care. List the client’s symptoms and diagnostic test related to the disease, potential complications of the disease and how this affects the plan of care. Please describe briefly the results of any diagnostic tests the client has had.

C. Psychiatric Care Plan Package: The Care Plan Package consists of a Care Plan and Psychiatric Medication Sheet. One written nursing care plan will be required in the Psychiatric Setting. The Care Plan must include two Nursing Diagnoses from each of the five dimensions with appropriate nursing interventions per nursing diagnosis. **NOTE** NO INTERVENTIONS are to be implemented before review with Instructor**. The care plan must include evaluation of each intervention, goals, and expected outcomes. Medications must be integrated in the nursing interventions to include administration, nursing consideration and teaching.
Diagnostic test and labs must be included in nursing interventions. The Psychiatric Medication Evaluation Form is required and must be submitted and individualized to the assigned client.

4. Psychiatric Teaching Plans
   Three Psychiatric Teaching Plans are due during the Psychiatric Rotation. These are to be typed and submitted with the appropriate Clinical Evaluation Tool following the guidelines listed below:

   A. Second Week of rotation develop a teaching plan for family/primary caregiver of client with ADHD to promote psychosocial care.
   B. Third Week of rotation develop a teaching plan for family/primary caregiver of client with conduct disorder to promote psychosocial care.
   C. Fourth Week of rotation develop a teaching plan for family/primary caregiver of client with Alzheimer’s disease to promote psychosocial care.

5. Clinical Project: Windshield Survey – 8 points
   The Windshield Survey will require students to utilize community assessment, nursing process, writing skills, and critical thinking.
   1. Students will form a dyad with a classmate to complete the Windshield Survey Project.
   2. Please refer the Windshield Survey Project page on Canvas.

Electronic Device(s) Policy in Class and Clinical: See Nursing Student Handbook.

Attendance: See Nursing Student Handbook.

Grading Scale:

- A = 920-1000 points
- B = 830-919 points
- C = 750-829 points
- D = 670-749 points
- F = Below 670 points

Requirement for Successful Completion of the Course
   The student must have achieved a minimum of 750 points or 2.0 “C” from exams, quizzes, final exam and a Satisfactory, “S”, in clinical (consistency and satisfactory in all clinical objectives) and satisfactory completion of all course competencies.

   Students enrolled in NUR210 have acknowledged by signature that he/she has received a copy of the current Nursing Student Handbook and has reviewed and understands each of the department policies.
and procedures outlined within the document. Each student enrolled in NUR210 will comply and adhere to **all** department policies and procedures as written in the Nursing Student Handbook.

**Academic Instruction Emergency Management Plan**

In the event that Chesapeake College needs to close for an extended period of time due to a flu pandemic, severe weather event, or other emergency situation, consideration will be given to the timing and duration of the closure as follows:

1. Closure during the semester for up to one week – there will be an opportunity to make up work missed without significant alteration to the semester calendar.
2. Closure extending beyond one week (or in situations where classes are cancelled on the same days/evenings over multiple weeks) – the College may extend the length of the semester. Depending on the timing of the closure, scheduled breaks, end of semester dates, and/or the processing of final grades might be impacted.

Students can acquire information about closure on the College website or by calling 410-822-5400 or 410-228-4360.

Chesapeake College courses held at off campus sites will follow the protocol of the host facility.

**Proposed Clinical Sites:**

1) Shore Health Systems-Memorial Hospital Campus; 2) Chester River Hospital Center; and 3) Eastern Shore Hospital Center